

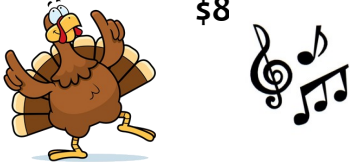







PROGRAM:	DATE:	COST:	WHERE:	TIME:
FRIENDSGIVING - Gather 'round the table early this year to give thanks with your friends! We'll provide gobble-good turkey, mashed potatoes, and stuffing!	Tues. Nov. 6 	\$15 *Bring a side or dessert to share Limit 20 people	TRS Office—Room 810 La Sierra Community Center 5325 Engle Rd. Carmichael, 95608	6:00pm- 8:00 pm
APPLE HILL - What would fall be without a trip up the hill for apple pies, apple doughnuts, apple fritters, and more! 	Mon. Nov 12	\$ 40 Limit 40 *Bring \$20 for food, + extra for treats	La Sierra Community Center Front Parking Lot 5325 Engle Rd. Carmichael, CA 95608	Drop-off: 9:00am Pick-up: 3:00pm
TURKEY TANGO -Get ready to shake your tail feathers and do the turkey tango with all your friends this Thanksgiving season. Its going to be a waddling good time! 	Fri. Nov. 16	\$8 Limit 20 people	La Sierra Community Center 5325 Engle Rd. Carmichael, 95608	7:00pm- 9:00pm
The GRINCH MOVIE NIGHT - Join us to kick off holiday movie season with the latest version of this classic story! 	Mon. Nov. 19	\$15 Bring \$20 for food Limit 20 people	Location TBD	6:00pm Pick-up: TBD
HAND-MADE HOLIDAY NIGHT -Make your own gifts, decorate cookies and more at a fun holiday night with friends! 	Tues. Dec. 4	\$20 Limit 30 people	TRS Office—Room 810 La Sierra Community Center 5325 Engle Rd., Carm., 95608	6:30pm- 8:30pm
SHOPPING IN UNION SQUARE - Head to the City by the Bay's famous shopping area to find gifts and get in the holiday spirit! 	Sun. Dec. 9	\$45 *Bring money for lunch & shopping Limit 45 people	La Sierra Community Center 5325 Engle Rd. Carmichael, 95608 * Meet in front parking lot	Drop-off: 8:00am Pick-up: 6:00pm
JINGLE BELL ROCK - Celebrate the holidays with a night of festive music, activities, special goodies & friends! Free Pictures with Santa! 	Fri. Dec. 14	FREE! See attached flyer	La Sierra Community Center 5325 Engle Rd. Carmichael, 95608	6:00pm- 9:00pm
TWINKLE TOUR -Let's tour the city listening to our favorite carols, drinking hot cocoa and looking for the best holiday displays in town! 	Sun. Dec. 16	\$15 Limit 20	La Sierra Community Center 5325 Engle Rd., Carm., 95608 * Meet in front parking lot	6:00pm- 9:00pm

SAC. CO. CHARGERS INFO

- ◆ Floor Hockey ends Dec. 2
- ◆ Special Olympics basketball starts in January
Call 916/484-2044 for more information.

PLEASE NOTE:

Programs must be registered for in advance. No same-day registration or walk-ups.

To register for programs you can:

- Mail: Please send completed form, along check/money order/TRS credit made payable to:
Sacramento County to:
TRS, 5325 Engle Road #810,
Carmichael, CA 95608
- Phone: call us at (916) 484-2044 to pay with a credit card.
- Come in person: **Office is open Wed - Fri, 10:00am - 4:00pm.** Please make sure you have the exact amount as we do not have change. (Our office is located next to room 810) Thank you!
- Per Sacramento County, there will be a \$45 fee for all returned checks.
- Please list full names of all people who will be attending programs; no initials please.
- **For all TRS dances, there will be no at-the-door registration. The deadline to sign-up is the Thursday before the dance.**

To register for TRS programs, please completely fill out this portion and turn in along with your payment. Thank you!

Name(s) _____ Age _____ M/F

If you need more room to list full names, please attach a separate piece of paper.

Care Home/Facility (if applicable) _____ E-mail _____

Address _____ City _____ ZIP _____

Phone # _____ Cell # _____ Emergency# _____

Special Needs (wheelchair, meds., dietary, etc.) _____

- | | | | | | |
|----------------------------|--------------|---------------------------------|---|---|----|
| 1. ___ Friends-giving: | Tues. Nov. 6 | \$15x | # | = | \$ |
| 2. ___ Apple Hill: | Mon, Nov 12 | \$40x | # | = | \$ |
| 3. ___ Turkey Tango: | Fri. Nov. 16 | \$8x | # | = | \$ |
| 4. ___ Grinch Movie Night: | Mon. Nov. 19 | \$15x | # | = | \$ |
| 5. ___ Hand-Made Holiday: | Tues. Dec. 4 | \$20x | # | = | \$ |
| 6. ___ S.F. Union Square: | Sun. Dec. 9 | \$45x | # | = | \$ |
| 7. ___ Jingle Bell Rock: | Fri. Dec. 14 | RSVP with separate flyer | | | |
| 8. ___ Twinkle Tour: | Sun. Dec. 16 | \$15x | # | = | \$ |

If you are interested in a Pathways scholarship check here . Write "SCH" next to program. We will send you an application.

TOTAL AMOUNT ENCLOSED: \$ _____

PROGRAM NOTES:

- Please arrive promptly at the designated time each program starts; do not arrive early. If you are late for an excursion, we CANNOT wait more than 10 minutes as we have prompt schedules for all programs. Thank you!
- If you cannot attend a program, please call **916.484.2044** at least two days prior to the scheduled event. No-shows cannot receive a credit.
- In general, TRS programs are designed for participants who are able to function in a 1:6 staff-to-participant ratio. Attendants may be able to be accommodated.
- Programs listed here will not be on any other upcoming flyers, so sign up today for the program(s) of your choice!

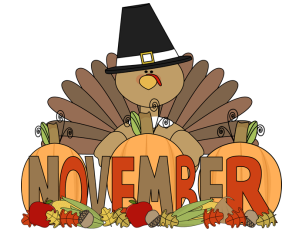
Board of Supervisors
 Phil Serna, District 1
 Patrick Kennedy, District 2
 Susan Peters, District 3
 Sue Frost, District 4
 Don Nottoli, District 5
 Nav Gill, County Executive



County of Sacramento
 Therapeutic Recreation Services
 5325 Engle Rd. #810
 Carmichael, CA 95608

FREE MATTER FOR THE BLIND AND PHYSICALLY DISABLED

RETURN SERVICE REQUESTED



2018 TRS HOLIDAY HAPPENNINGS



TRS NOVEMBER & DECEMBER

Programs designed for individuals with disabilities ages 14 & up.

CHECK OUT THE PROGRAMS THAT TRS HAS TO OFFER FOR NOV & DEC. PLEASE USE THE REGISTRATION FORM TO SIGN UP FOR THE PROGRAMS OF YOUR CHOICE!

County of Sacramento
 Department of Regional Parks
Therapeutic Recreation Services
 5325 Engle Rd. #810, Carm. 95608
 916.484.2044, Fax: 916.484.2041
 TTY through CRS: 1.800.735.2929
TRS@SacCounty.net
www.regionalparks.saccounty.net